



## **Region 5 Developmental League Playing Rules**

1. All games will be 8 v 8 (7 and a goalie).
2. Games will consist of two 25-min halves with a 5-minute half-time break.
3. All games will be played with a size 4 ball and on a U10-size field (roughly 70 x 40) with appropriate size goals (roughly 7 x 21).
4. Once schedules are posted, home team is responsible for setting game location and time. Please work with the opposing team and be patient and flexible in accommodating conflicts. Games can be played either Saturday or Sunday.
5. Home team is responsible for payment of two or three licensed referees per game. If the visiting team does not show up, this team shall reimburse the cost of referees.
6. A team shall notify the opposing team at least 5 days in advance if they will not be able to make the scheduled game day or time.
7. The home team shall change its uniform in the case of a conflict in uniform color.
8. Teams must be checked in 30 minutes prior to game time.
9. All teams will need USCS rosters and passes at check-in. Home team is responsible for printing the game card and for updating the score within 48 hours of play.
10. There will be two or three referees per game.
11. Handballs will be enforced.
12. Either team may substitute on any stoppage subject to the referee's approval.
13. In the case of a "bad" throw-in, the referee will direct the player to re-throw the ball, and play will continue at this point regardless of throw-in quality. Coaches are urged to instruct players in proper throw-ins prior to beginning of league play.
14. Penalty kicks will be allowed.
15. All major and technical fouls will be enforced resulting in direct free kick or indirect free kick as appropriate.
16. Goal kicks may be taken from the top of the 18-yard box, and the opposing team shall allow 10 yards from kicker. Any team wishing to kick from the Goal Area may do so, and all FIFA rules regarding a kick from this spot shall apply.
17. Corner kicks should be taken as normal corner kicks per FIFA.
18. All efforts will be made to place teams in the appropriate bracket of play, but in the event of an uneven game, please try to avoid running up the score. NorCal encourages good sportsmanship throughout the games with emphasis place on safety and player development.
19. No trophies will be awarded, but individual players will receive participation pennants.
20. Scores, but not standings, will be posted, in keeping with NorCal's emphasis on individual player development at this age.
21. Please show a high level of sportsmanship at all times. Educating your parents regarding appropriate behavior on the sidelines is very important.
22. Have fun!