



Coaching Education

- Courses for Coaches from Norcal Premier Soccer Staff
- Courses for Coaches from International Clinicians
- Schedule for 2012

NorCal Introductory Coaching Courses



- **NorCal Intro Coaching Course – Open to all coaches**
Hosted by Clubs: Norcal Premier Soccer provides instructors (free of charge) Club provides infrastructure (field & class) open registration for all member NorCal Coaches
- **NorCal Intro Coaching Course - Club in House - Education strictly for the hosting Club's Coaches**
- Courses will be more centrally located in 2012
- Spread out the hours into 2 – 2,1/2 days with 2 weeks apart

Level I & Level II

- **Level 1 - Ages 8-12 - 6 Courses hosted per year**
 - 70% - Physical - Psycho Motor & Coordination Abilities
 - 30% - Technical, Individual & Small Group Tactical
- **Level 2 - Ages 13-15 - 2 Courses hosted per year**
 - 20% Physical - Psycho Motor & Coordination Abilities
 - 80% Technical, Individual and Group Tactical - Identify and train players by position

International Clinician Courses:

- 2011 – Frans Hoek (Formerly Barca, Ajax Bayern Munich Coach), Romeo Jancek, Dinamo Zagreb Director of Coaching
- 2012 - Continued presentation of International Top Coaches
Where: TBD
What: Focus on training during Phase #2 – transition/puberty years (ages 13-15) and Phase #3 - after puberty (ages 16-20)

2012 Calendar

- Introductory Course:
 - Level 1: Feb.4 to Feb. 26 (January 7-8), May 6- 20, July 8-22.
 - Level 2: Same period (1 weekend)
- Courses for Coaches from International Clinicians
 - Fiorentina advance basic Feb-Mar (4 days).
 - Late June early July clinics (by the pro club coaches).